



ON-LINE COURSE - Adolescence 101 - Parenting a Pre-teen/Teen - class fee \$25

This four week on-line course will introduce and explore the physical, psychological and developmental changes that every adolescent faces, the important functional goals of identity development and the move toward independence. It will also provide parents with skills necessary to balance age-appropriate boundaries while fostering age-appropriate independence. Designed for parents with children ages: Middle School/High School

ON-LINE COURSE - Sibling Rivalry - Parenting Strategies - class fee \$25

This four week on-line course will introduce and explore the following: Reasons behind why siblings argue and effective interventions to help establish peace in the your home; Strategies necessary to decrease the frequency of sibling rivalry and determine when intervention is appropriate; the parameters and benefits of when and why to let siblings argue. Designed for parents with children ages: Preschool/Kindergarten & Elementary School

Raising Responsible Children

This two-hour workshop describes the parenting techniques necessary to raise responsible children. Participants will be introduced to the parenting skills necessary to teach children principles of honesty and accountability. Appropriate limit setting, chores, allowance and money management will also be discussed.

Communication with Your Teen

This two-hour workshop covers a variety of skills, techniques and information aimed at improving understanding and communicating with adolescents. Participants will learn the skills necessary to get their teen talking openly and respectfully.

Misbehavior & Discipline

This two-hour workshop provides an overview of some of the key components of child development and the primary reasons children misbehave. Participants will understand the use of discipline to teach and will learn practical interventions to keep their calm while setting limits. Typical problem behaviors such as lying, screaming, whining, etc. will be discussed. Designed for parents of children preschool through high school age.

Separate Household – Bridging the Parenting Gap Between Homes

This one-day workshop is co-taught by Jodi Maspaitella & Kristen Boothe, MFT and provides an overview of blending families and sharing parenting responsibilities between households. Participants will be introduced to the common issues children experience through grief and loss, separation and divorce. A variety of techniques and information focused on bridging the parenting gap between the caretakers and increasing the stability for the child will be discussed. Participants will leave with a concrete action plan designed to improve their unique family structure. This workshop is designed for anyone sharing parenting responsibilities through divorce, separation, foster or kinship placement.

***Other parenting workshops (available upon request for groups of 10 or more)**

Some topics include: Temperament-wise Parenting, Effectively Handling the Power Struggle, Understanding Grief & Loss, Handling Aggression, Child Development, Strengthening Your Family and Creating Structure & Routines.

Call Jodi Maspaitella at Home Education 4 Logical Parenting (707) 557-1423 to inquire about these or any other parenting workshops.